

Year 3

Term 1: The focus is to develop students' performance in hockey and volleyball. Students demonstrate their learning by using the skills of dribbling, passing, shooting, digging and serving. Term 2: The focus is to develop students' ability to participate in cricket. Students demonstrate their learning by using the skills of batting, bowling and fielding.

Term 3: The focus is to develop students' performance in tennis and track and field. Students demonstrate their learning by using the skills of the forehand and backhand strokes and participating in long jump, high jump and sprints. Term 4: The focus is to develop students' ability to swim. Students demonstrate their learning by performing freestyle and backstroke.

At the start of term 4, students in Years 1-3 will take part in 6 (45 min) swimming lessons. The approximate cost for this program will be \$50 which includes transport. Details about the program will be sent home in term 3.



Bellevue Park PE Program

P-3



GENERAL INFORMATION

All students at Bellevue Park State School receive either 1 or 2 specialist PE lessons a week.

UNIFORM

Please find out from your child/children to which day they have Physical Education. On that particular day please ensure that the students have their hats. Sports uniform is also recommended.

CARNIVALS

Students in Years P-3 will take part in 2 carnivals: Cross Country and Junior Sports Day.

Cross Country takes place at the end of term 1 in which students participate in an age appropriate running race around the ovals.

Junior Sports Day takes place at the end of term 3. Activities on the day include long jump, high jump, sprints and novelty relays.

CURRICULUM

Prep

Semester 1: The focus is to develop students' ability to improve and extend their gross motor skills. Students demonstrate their learning by throwing, catching and kicking.

Term 3: The focus is to develop students' performance in track and field events. Students demonstrate their learning by participating in long jump, high jump and sprints. Term 4: The focus is to develop students' ability to improve and extend their gross motor skills. Students demonstrate their learning by throwing, catching, bouncing and kicking.

Year 1

Term 1: The focus is to develop students' ability to improve and extend their gross motor skills. Students demonstrate their learning by throwing, catching and kicking. Term 2: The focus is to develop students' ability to participate in soccer and Australian Football. Students demonstrate their learning by using the skills of kicking and dribbling.

Term 3: The focus is to develop students' performance in ball games, and track and field. Students demonstrate their learning by using the skills of catching, throwing, rolling and participating in long jump, high jump and sprints. Term 4: The focus is to develop students' ability to swim. Students demonstrate their learning by performing freestyle and backstroke.

Year 2

Term 1: The focus is to develop students' performance in hockey and volleyball. Students demonstrate their learning by using the skills of dribbling, passing, digging and serving. Term 2: The focus is to develop students' ability to participate in cricket. Students demonstrate their learning by using the skills of batting and bowling.

Term 3: The focus is to develop students' performance in tennis and track and field. Students demonstrate their learning by using the skill of the forehand stroke and participating in long jump, high jump and sprints. Term 4: The focus is to develop students' ability to swim. Students demonstrate their learning by performing freestyle and backstroke.